

Leeds University Union

Code of Good Practice for: Leeds Uni Street Dance

This document runs alongside the constitution. If you wish to raise issue with the contents of this code, please contact the committee named beneath in some circumstances it may be necessary to hold an EGM.

Leeds Uni Street Dance society aims to bring together people of all levels of dance from advanced to no experience at all, teaching street dance routines incorporating different styles such as 'pop-and-lock' and 'free-style'.

The committee will ensure that:

1. Each class begins with a warm up to stretch muscles to avoid injury
2. The number of people at each class does not exceed the studio's capacity
3. Moves in each of the routines will only be undertaken if safe
4. All participants wear suitable clothing
 - a. Clothing should be comfortable in practical and will allow freedom of movement
 - b. Dancers must also wear suitable footwear, such as trainers, and these must be indoor shoes only to avoid damage to the studio floor.
5. There are regular breaks so that dancers can rest and take fluids

Dancers should inform committee members about previous injuries and medical conditions which may be affected by physical activity. If an accident occurs, guidance will be sought from designated Leeds University Union first aiders or by calling the emergency services

Outside of classes we hold regular socials, following the LUU social guidelines

We the undersigned agree to uphold the above code of good practise

President Name N RIGBY
Secretary Name Karl Stones
Treasurer Name Molly Browne
Date

Signature N Rigby
Signature [Signature]
Signature [Signature]