

## Leeds University Union

### Risk Assessment: LUU Horse-Riding Club

Wilsden Equestrian Centre is an established riding school, situated 35mins from Leeds on the border of Bradford and Haworth Moor. LUUHRC has been using the centre for recreational lessons of all levels for the last 3 years under the chief instruction of Selene Raistrick, centre owner and manager. This year team training will take place at WEC also under the supervision of Selene Raistrick. The risk assessment for team training is undertaken with the expectation that these riders will be more experienced and skilled at the sport than general club members and therefore are aware of the dangers, however all possible precautions will still be undertaken by LUUHRC and WEC.

All club members are advised that riding is a risk sport and they undertake the activity in this knowledge. LUUHRC and WEC do everything possible to minimise this risk as outlined below. All accidents are reported to the LUU through the 'incident and near miss' form.

**Due to the high risk nature of the sport, Selene Raistrick is a trained first aider and will be present at all club sessions.**

Risk level description: Low – minor injuries    Medium – Broken bones    High – Potentially fatal

Carried out by	(Club Captain)	Review Date	August 2011
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## W.E.C (general club members)



<b>Name of Group</b>	<b>HORSE-RIDING</b>	<b>Date of Assessment</b>	<b>29/07/2010</b>
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Hazards?	Who might be harmed and how?	What are you doing already?	What further action is necessary?			
			Action required	By whom	when	Done
Riding (lessons, gymkhanas, club competitions. High risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff → risk of falls, trampling due to unpredictable behaviour of animal</li> </ul>	Ensuring members wear correct clothing (i.e. boots, jodhpurs, hat, gloves, body protector where necessary) at all times. Ensuring horses match the rider's ability.	Monitoring of rider ability & matching horse. Ensure accurate and detailed accident record is kept up-to-date.	Staff & lesson organiser	Ongoing	
Tacking up and un-tacking (Low – medium risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff → primarily manual handling injuries due to weight of tack. Injuries due to unpredictable nature of animal e.g. kicks &amp; bites are</li> </ul>	Proper training. Difficult horses tacked up by staff only.				

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	also possible.					
Farm machinery (i.e. tractor. High risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff</li> <li>• Other visitors → collisions</li> </ul>	Use of tractor kept to quiet times of day. Equipment is kept away from the main building where public are. Use of machinery is strictly for partners of the business.				
Allergies (animals, hay, straw, dust etc. Low-medium risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff</li> <li>• Other visitors → breathing difficulties, allergic reactions e.g. skin rash, asthma attack etc</li> </ul>	Advise of particularly dusty hay/straw bales. Provide and encourage use of PPE if club members are handling hay and straw. General health forms filled in by all riders so staff are aware of serious allergies.	Ensure adequate PPE is available at the yard should members request.	Staff & club captain	3 <sup>rd</sup> Oct 2010 (start of club activity)	
Slips, trips and falls (haynets, buckets, equipment left lying around, wet weather etc. Medium risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff</li> <li>• Other visitors → risk of injury e.g. concussion, broken bones, sprains etc</li> </ul>	Liaise with staff to keep alleys clear and swept in the main building. Advise club riders to wear suitable clothing for an outdoor sport e.g. shoes with good grip. Show club members where equipment belongs and encourage them to put away anything they may				

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		use.				
Manual handling injuries (Low risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff → back, arm and upper-body injuries</li> </ul>	Club members will not normally be at risk except when tacking up and un-tacking. Ensure any riders who do lift or carry any heavy or bulky objects e.g. saddles are shown how to lift and carry correctly.	Inform riders of correct lifting procedure.	Captain	Ongoing	
Leading horses to and from arenas (Medium risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff → injuries associated with unpredictable nature of the animals e.g. kicks &amp; bites</li> </ul>	Correct training given to both riders and staff on correct leading procedure. Staff only to lead beginners' /inexperienced riders' horses.				
Smoking (High risk)	<ul style="list-style-type: none"> <li>• Club members</li> <li>• Staff</li> <li>• Other visitors → Fire</li> </ul>	No smoking permitted within centre boundaries. Advise riders of this policy.	Remind smokers of permitted areas to smoke (Bob Lane).	Captain	Ongoing	

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**W.E.C. (teams) – as above plus following:**

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<b>Hazards?</b>	<b>Who might be harmed and how?</b>	<b>What are you doing already?</b>	<b>What further action is necessary?</b>			
			<b>Action required</b>	<b>By whom</b>	<b>when</b>	<b>Done</b>
Training sessions – jumping upto 1.10m (High risk)	<ul style="list-style-type: none"> <li>Team members → falls, trampling, injuries due to unpredictable nature of the animal</li> </ul>	Ensuring members wear correct clothing (i.e. boots, jodhpurs, hat, gloves, body protector) at all times. Comprehensive team trials to ensure riders are capable of advanced level.	Conduct team trials.	Staff, team organisers & captain	Before or no later than the first round of team trails on the 13/10/10	
Use of unknown, inexperience and young horses	<ul style="list-style-type: none"> <li>As above</li> </ul>	Matching of horses to rider's ability asap after trials. Strictly only vetted horses to be used in the school – must pass riding school inspection. Riders assessed by 'CV' before trial and eliminated if sub-	Issue and collect rider CVs before trials. Conduct team trials. Ensure riding school certificate is up-to-date.	Staff, captain & team organisers	Before or no later than the first round of team trails on the 13/10/10	

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		standard.				
Food supplied at competitions	<ul style="list-style-type: none"> <li>Team members from all competing universities and club members helping out on the day – food poisoning, allergies etc.</li> </ul>	Food is prepared, transported and served by individuals who hold valid food hygiene certificates. The venue has a cleared area with a supply of fresh, clean water and high risk food such as chicken, rice and fish is avoided.	Ensure at least two committee members own valid food hygiene certificates .	Captain and Team Organisers	No later than the first competition, this is expected to be held in November.	

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