

Risk assessment for Leeds Amateur Boxing Society

Dates: 23/07/2010 - June 2011

Location: Sports Hall University of Leeds

Person completing risk assessment: Joanna Blaszczyk

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Signed: 

Date: 22.9.10

Hazard	Such as	Why this is a hazard	Suggested solutions	Are you going to follow the suggested solution?	If you will be doing something else please provide additional details	Who is going to make sure this happens?
Slips	Wet floor from spillages, wearing the outdoor shoes inside	Someone may slip and injure themselves	Ensure the floor is kept clean and dry. If noticed any spillages contact cleaning.	YES	Ask the members to change the shoes for the training.	Trainer and members of the committee
Trips	Cables running to or from your electrical equipment, mats, anything that could cause someone to fall over	If the floor space for your event is not kept clean and tidy someone may be injured. Apart from the fact that we don't want anyone to be hurt this could also damage the equipment. This also means that your event will not look professional and it will be less likely that people will want to be involved	Make sure you plan your event so that no cables are trailing across areas people are likely to walk. Make sure everything is kept tidy.	YES	Make sure the mats are in proper position and places without danger or falling over them.	Trainer, Committee members.
Manual Handling	Moving heavy or awkward items	Your back is very important and easily damaged is don't look	Do not lift anything that you are	Yes	Moving the equipment boxes for the training	Trainer, committee.

		after it. It is really important that you do not lift anything that you are not completely happy with. Don't twist, plan how you are going to move the item/s before picking them up, can you use a mechanical aid, seek assistance from colleagues.	not comfortable with - seek assistance.		will be done according to the appropriate use of moving and handling and according to personal predispositions.	
Fire	Open heat sources like candles, generator and their fuel. Things that will burn easily like curtains, paper or similar items.	Fires are very rare this is partly due to people being aware of the tragic effect of fire and reducing it greatly. The fire could burn down a building or burn an individual. Neither acceptable. For this reason you must be mindful of what you are bringing into an event. Any materials must be flameproof.	Ensure all items that could burn are flameproof. Ensure there is no increased risk of fire due to an event. No candles/tea lights/pressurized gas/The fuel must be securely stored separately and these items must be removed immediately after your event.	YES	University of Leeds has its own Fire management rules which will be introduced to each of the members of the society.	Trainer, Committee.
Fire exits	Keeping fire evacuation routes clear at all times	Fire exits and fire evacuation routes should always be kept clear. They are doors and spaces such as stairs that could be used in the event that a building or room needed to be evacuated due to fire or many other reasons. If these are not clear and a fire alarm is sounded then people will be at best delayed from exiting the building at worst they would be trapped.	Each venue will have fire evacuation routes. Make sure you know where these are and do not block them.	YES	University of Leeds Sports Hall will give instructions about the fire exit routes which will be passed to the members of the society.	Committee and staff of Sports Hall.
Personal injuries during the training	The nature of boxing as a sport and injuries which might occur during the training like nose bleed,	Several injuries might occur during sparring, training with the pads and boxing equipment. Contact sport like boxing carries risks of being	Each training will be carried in a safe way. Members	YES	Each of the members will be instructed on the training and appropriate use of equipment.	Trainer, committee members

	breakage of the bones, tooth loss, bruises, scratches form the gloves material	injured by another member of the training or by using the equipment.	will be asked to perform the exercise which are clearly explained. Sparring will be performed only by members who agree to do so.		First aid will be administered if necessary. If further medical assistance will be required the ambulance will be notified. The injury forms will be completed as requested.	
Finances	Cash, debt	If you take money at your event someone may take it from you .If you do not plan your event properly then you may be left with a big debt that you will need to pay back.	Think about how to keep any money source. Have a cash box, if cash starts to build up please take to Esther in the cash office. Do a financial plan for your event and make sure you won't lose money by holding the event.	Yes	The cash will be placed in a safe place during the event and designed person will handle it.	Comeetee members.